

Pulling off the dead weights (Part 1)

I am currently still taking online courses from the University of Ashland in Ohio. So this week was a catch up week on assignments and midterm time. I only had one assignment to complete and re-do assignment. It's exciting and a honor to even be part of the University. But I have been feeling a little down for many reasons. So one of my things daily is to meditate on the word in the Holy Bible and pray. One of the scripture I had been meditating on Isaiah 41:10 So do not fear, for I am with you, do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Another inmate got tons of cards from some people as she is up for parole. She has done over 30 years. My time is coming up next once again. This will be ~~—~~ 27 years for me. I will be 50 years old this year. I have been locked up since I was 23 years old. I find myself praying a lot, but feeling very sad and discourage. Because the mindset of man is becoming more selfish, blinded, wicked and hard hearted.

The dead weights I feel ~~to~~ off other people. I tell the Lord all the time why am I the one being persistent in changing when others deliberately set out to do evil to innocent people. He tell us ~~—~~ revenge is his. He will bring justice whether here on earth or when ~~—~~ judgement day comes. I see so much wickedness today - due to we are living in the last days. As a results, the people who are trying to redirect their lives for better is getting ambushed by Satan weapons. We are trying to be persistent to ~~—~~ do good or make things better than an bad blocks by people that Satan is using to stop God's purpose in our ~~—~~ lives. I have three fibroids that have enlarged themselves. Daily I am hurting. I've been out to the doctor - my personal doctor at the prison - ~~not~~ referred me to. We decided on surgery. But he wanted me to have a certain type of ultrasound which is

pelvic. I didn't know what type of ultrasound he order. Until I was taking to a hospital and set their with the guards for about 2 hours. Then a hospital comes to us say well the right test wasn't order. you have to go back to the prison. They have to do another consult with you and reschedule you. I have been waiting three weeks now. Suppose I have Cancer? Never ask the medical staff is there possible way I can have the surgery and ultrasound in one day. It's something with the insurance. My ultrasound appointment has been ~~re~~ rescheduled. Like today I am in pain. They have taken my tylenol up to 500. But they don't do no good. There are many inmates that die in prison or go home in die with a illness that if the proper procedure was done ahead of time. The inmates could have lived. All consultation are denied. When the inmate need the proper treatment. What if the institution doing their job. But getting their inmate the proper care is a problem because the state don't want to pay for certain healthcare. But the state has the funds because inmates are housed and the state collect all those funds to house each inmate. We should have the best healthcare. This is a dead weight on the inmates family and the inmate that are not getting the best health care.

Many female are having problems with the hormones. They cannot get the proper care like a simple shot of estrogen. But ~~transgender~~, transgender can get hormone shot to begin their process to change their ^{selves} to men. A lot of female inmates has found this to be bias as they suffer with extreme hot flashes. Another thing women suffer at the hands of the professional that are considered ~~to~~ to be medical inclined. There are many ~~trans~~ female inmates suffering extreme heavy bleeding. The

Second Solution for some is hysterectomy. I stayed on birth control for a while but then my body didn't acknowledge the birth control any longer. They gave me the option hysterectomy. I said no. Chose the ~~no~~ birth control in my arms for three years. Now I have three fibroids in my uterus. I am not going to have a hysterectomy. I want to try to have two more children from my husband. We need policy(ies) and the way the State of Georgia pay for our health care to change. Because this is a dead weight on the inmates health that stands in away of the inmate getting sicker and possible dying from unnecessary death.

written by

Jennifer Johnson

Needs to be resolved desperately with insurance companies.

*policy
I need to
be changed*
So the ^{focal} question is why don't insurance pay for a ultrasound and surgery in the same day? My understanding from sister is that its the same on the outside. Secondly I have been that inmate who find herself in a life/death situation at the beginning of sentence. When I ~~was~~ kept getting dizzy and couldn't keep no food down. Instead I would vomit it up. One day walking from the street room. I black out / stay in a corner for 10 days. Nobody contacted my family from the prison. Once I finally came to. The officer said I had went ~~to~~ through two doctors that had given up on my life. Finally third doctor was determine to find out what was wrong. He did, it was gall stones - he wanted to do emergency surgery. But the insurance would ^{not} permit. I was taken back to the prison very feeble and ~~weak~~ weak. Back in population to ~~be~~ only be bullied by other inmates. Couldnt defend for self. I end up in locked down in Protective custody. It took ~~about~~ a month / half ~~before~~ before I received surgery. The whole time I couldn't hold no food. I had lost so much weight. This situation needs to be resolved with Insurance companies.