

## THE LIGHT OF AN ARK

Through the years I chronicle the inhumanity toward elderly in prison, witness my peers surrender to a lonely death by state SENICIDE and wonder if anyone cares.

Then, an act of random kindness (ARK) shines into the darkness. On 17 October 2023, \$100. appeared in my prison trust account naming the benefactor, Ken Navarre.

Mr. Navarre, your ARK, like others have gone to indigent elderly who truly are forgotten souls. Because of you, 81yr old "C"... who has been unable to read at night due to his old lamp without a bulb, now has an LED longlife bulb to light his way. Because of you indigent elderly who have to watch other fortunate prisoners eat pizza bought during an outside food sale, this time shared a large hot pepperoni pizza, and others who still have teeth enjoy real toothpaste not state powder. Your ARK assures them someone outside cares about them.

Thank you, Ken, your ARK brought some tears of happiness to some lonely aged faces.

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<http://betweenthebars.org/blogs/895/>