



Friday
SQSP Hosp RM #3.
Sound Mind Company Group Session
Substitute Facilitator - Ms. K (cg/sa)

(RT) Recreation Therapist
(cg) cis-gender
(sa) Straight Ally
(g) Gay

Resident participants continue to state how our group is scheduled at an early 8:00 am translates as too early, the primary reason being East Block Unit staff and the Medical Dept don't pass out medication before escorts arrive, and staff don't issue double doses for missed issues.

And those on psychotropic medications are unable to function without medication, and medical staff will not travel to the hospital meeting room to issue out medication, yes, I just wrote that last statement.

Another issue for today was that North-Seg staff was unable to locate a female officer in the entire prison to strip-out search our transgender girls who come to our sessions.

Having said that, today's session was attended by, Floyd (g), and Mike (sa).

Floyd (g), was able to read The Sound Mind Streamer mission, to provide clarity about how these sessions are for the purpose of others.

Floyd (g) also alerted the group that he called out to The Education Department Administrator during an All-Administrator TOUR/Walk Through Unit East Block, her name is Jodi Lewen, who asked me how I knew her by name, with excitement. She asked me to send her information about our program ideas as the tour continued moving through the unit.

Because our program is media-based, I asked Mike about ethnographic LGBTQ+ matters of his Norse heritage, as displayed by his tattoo on his right bicep.

Mike (50)

"Within my prison culture as a straight white skinhead, we are very focused on the white man being what's known as straight, heterosexual solid breed, and there is an on going debate about homosexuality in Norse, Viking culture, it doesn't even matter that I'm no longer apart of the gang culture, this debate is white race wide, for example, have you ever heard that in Norse myth the god Loki was bi-sexual?"

Floyd (9)

"Wait, what the hell? They don't say that in Marvel, do they? This is the first time I ever heard of that, and is there information that supports what you just said?"

Mike (50)

"Yes it's in the 'eddas' but people come up with all kinds of excuses about why he's not Bi, and yes Marvel did do something, and social media said stuff about that like they was miss representing the Norse mythology."

Floyd (9)

So let's ask K (CG) to cue up a video search so we can add this to our media program for young white queer residents, and heterosexual white residents for clarity?

With the consult of Mike (sa), The group elected to choose the following videos to submit to the Education Dept Administrator Jodi Lewen within our Sound Mind Streamer Media Channel.

1. The Welsh Viking-Was Loki bisexual in Norse Mythology
(This is gonna get weirder than you think) 13:29 minutes
2. 15 Gay Bisexual Deities (Gods)
LGBTQ Family 9:26 minutes
3. Gay Life in Myanmar Time
Crazy Histories 10:35 minutes

After a very informative conversation with Mike (sa), I said:

"Now this is what our program is about, your Multicultural Range of Knowledge from a STRAIGHT White Male perspective is valued as an addition to our approach for relevant content, I have been working to start this program since the late 90s, because I just didn't know enough to do it alone, I knew then I had to have help from a fair cross section of the condemned population to present content beyond my Black American experience if I was going to serve All Queer Residents, especially those who are not safe to come to a group like this. The Media Centers Institutional TV system is the medium we wrote this program for, and thanks again for the Myanmar Culture information, because we have a lot of descendants from even Aztec Tribes that will find these videos quite affirming."

K (cg) facilitator ended the group by saying how powerful this concept is, and remembers how long ago, and how consistent this process was to reach this moment.

This is the only LGBTQIA+ Affirming ideation program that combines Multiple Department Innovative Rehabilitative programming.

1. Education Dept.
2. Religious/Spirituality Dept.
3. Recreation Dept.
4. Mental Health Dept.

We coined the term "A safe place to land" because without the Sound Mind Streamer Media program, CDCR has 150 years without creating a program for LGBTQIA+ Residents that covers equal territory.

Can't wait to welcome Rosas (RT) and the rest of the participants back to the next session.

Our readers can view each of the forementioned videos @ Youtube for clarity, Enjoy the experience, and may you please share them with Queer Youth in your parallax view as a simple share gift for Birthdays, observation cultural Moments, and know that this is what inclusion looks like, not the other way around.

