

STRENGTH

Greetings and blessings upon you. Your rays of sunshine (Your words) have reached me, so I just wanted to take out a few moments to send some rays your way. You are correct when you say that "The sun shall always rise upon a new day and there shall always be a rose garden within me." But the sunrise cannot always be seen through the numerous clouds that cover the sky like a blanket. Dark clouds hover above so thickly some days, that I am unable to soak up the sunrays. And due to lack of consistent sunlight everyday, the garden within me can never fully blossom, or reach its full bloom. Nevertheless, I continue to plant the seeds of "strength" within the soil of my soul, so that the garden within could eventually be filled with orchids, vines, and wild roses. But due to the "clouds" of mental and emotional anguish that sometimes block out this much needed Sunshine, the garden within can never fully materialize or be properly maintained like it should.



Besides being physically confined, many individuals behind these walls are mentally and emotionally incarcerated as well. Sadly, many individuals on the outside are also faced with incarceration of the mental and emotions. Within all human beings theres both weakness and strength, but many tend to lean heavily toward weakness, because weakness is much more easier to embrace. Strength on the other hand, is the quality of being strong- strength is the ability to do or endure. Strength is POWER. Through the mental and emotional pain and suffering, inner strength can be found. Your weakness can turn into your strength, once you learn how to "Let your strengths be your strengths, and your weakness be your strength."

Peace and Blessings,

Troy